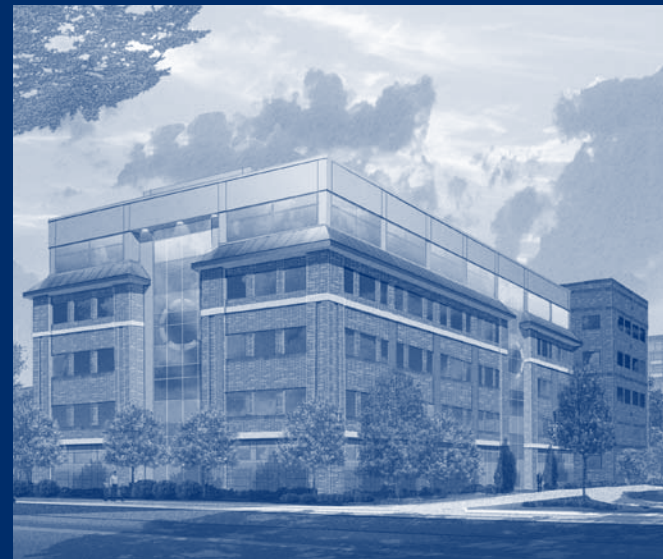


HEALTHY *Perspectives*

WOMEN'S CARE PHYSICIANS & SURGEONS



Women's Care
PHYSICIANS & SURGEONS
598 E. 13th Avenue
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Two Women's Care Subspecialties to Relocate Near New Hospital

Across the street from the new Women's Care office and in front of the new Sacred Heart Medical Center at RiverBend, another five-story medical building is under construction. The Northwest Specialty Clinics building, which will be complete in late summer, will be the new home of two Women's Care subspecialties currently located at 1200 Hilyard St. in Eugene: Northwest Gynecologic Oncology and The Center for Genetics and Maternal-Fetal Medicine. Their proximity to the new medical center — and sky bridges that directly connect to the PeaceHealth Medical Group Pavilion and Sacred Heart — will ensure the same convenience of care for patients undergoing treatment, testing and/or consultation at those locations. Northwest Specialty Clinics will also house Eugene Gastroenterology Consultants, Nephrology Associates, Northwest Surgical Specialists, Oregon Lung Specialists, Oregon Neurology Associates and Oregon Neurosurgery Specialists.

Women's Care Staff in the News



Welcome to **Jan Madrone, CMPE**, the new CEO of Women's Care. She has 25 years of experience managing medical practices, including orthopedics and family medicine. Most recently, she was practice administrator at Springfield Family Practice. Jan is a certified medical practice executive through the Medical Group Management Association.



For the second year in a row, **Audrey Garrett, MD, MPH**, will direct a full day course, "The Gynecologic Care of the Breast Cancer Patient" at the national clinical meeting of the American College of Obstetrics and Gynecology in May in New Orleans.

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INSIDE

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Women's Care Subspecialties to Relocate Near RiverBend

Urinary Incontinence: Common But Treatable

Some of life's greatest pleasures — laughing, dancing, exercising — can cause fear and embarrassment in women with urinary incontinence.



An estimated 12 million adults in the U.S. have urinary incontinence (UI), the involuntary leakage of urine. Women experience UI twice as often as men. Pregnancy and childbirth, menopause and the structure of the female urinary tract account for this difference. And while UI is most common in women over 50, it also affects younger people, especially women who have just given birth.

Women's Care physician Melissa Edwards, MD, is a gynecologist with specialized training in treating female incontinence and pelvic prolapse. She says that the good news is that a majority of women can overcome UI through physical therapy, lifestyle modifications, medication, and, in some cases, surgery.

According to Dr. Edwards, there are two major types of urinary incontinence, stress incontinence and urge incontinence.

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